

**JAMIE'S ANGELS**  
0800 526 435

Client name:

Our menu is taken from this list. We decide which meals to provide each day depending on the availability of quality supplies. Always providing a healthy and enjoyable balanced diet.

**Please indicate any items which you would prefer not to receive.**

- |  |                             |
|--|-----------------------------|
| • Sliced Breast of Free Range Chicken    | No <input type="checkbox"/> |
| • Roast New Zealand Lamb                 | No <input type="checkbox"/> |
| • Roast Free Range Pork Loin             | No <input type="checkbox"/> |
| • Roast Angus Pure Sirloin of Beef       | No <input type="checkbox"/> |
| • Home-made Meatloaf                     | No <input type="checkbox"/> |
| • Crumbed Hoki                           | No <input type="checkbox"/> |
| • Honey baked Free Range Ham             | No <input type="checkbox"/> |
| • Kiwi style Sausage & mash              | No <input type="checkbox"/> |
| • Curried Sausage & mash                 | No <input type="checkbox"/> |
| • Vegetable Frittata                     | No <input type="checkbox"/> |
| • Perfect Macaroni & Cheese*             | No <input type="checkbox"/> |
| • Pickled Pork with Apple Sauce          | No <input type="checkbox"/> |
| • Brilliant Beef Meatballs in rich gravy | No <input type="checkbox"/> |
| • Free Range Bacon & Egg Pie             | No <input type="checkbox"/> |
| • Beef (melt in the mouth) Casserole     | No <input type="checkbox"/> |
| • Chicken Casserole                      | No <input type="checkbox"/> |
| • Lamb Casserole                         | No <input type="checkbox"/> |
| • Corned Beef, with mustard mash         | No <input type="checkbox"/> |
| • Savoury Beef Mince, with mash          | No <input type="checkbox"/> |

There are also occasional additions to the above depending on availability. All meals come with potatoes and a selection of three seasonal vegetables

\* (except Mac N Cheese) which does not have potatoes

**Vegetables used (subject to availability):**

- |  |  |
|--|--|
| No   | No   |
| <input type="checkbox"/> Potatoes<br>(Roast, Mashed, Etc.) | <input type="checkbox"/> Kumera (roast or mashed)          |
| <input type="checkbox"/> Broccoli                          | <input type="checkbox"/> Parsnips (roast or sliced)        |
| <input type="checkbox"/> Cauliflower                       | <input type="checkbox"/> Carrots (Sliced, roast or mashed) |
| <input type="checkbox"/> Peas                              | <input type="checkbox"/> Courgettes (Zucchini)             |
| <input type="checkbox"/> Cut beans                         | <input type="checkbox"/> Swede                             |
| <input type="checkbox"/> Green Cabbage                     | <input type="checkbox"/> Leeks                             |
| <input type="checkbox"/> Red Cabbage                       | <input type="checkbox"/> Silverbeet                        |
| <input type="checkbox"/> Brussel Sprouts                   | <input type="checkbox"/> Pumpkin (roast or mashed)         |
|  | <input type="checkbox"/> Roast Beetroot                    |