

Our menu is taken from this list. We decide which meals to provide each day depending on the availability of quality supplies. Always providing a healthy and enjoyable balanced diet. It is **not** a list of meals available to order for immediate delivery.

Please indicate any items which you would prefer NOT to receive.

- | | |
|---|-----------------------------|
| • Sliced Breast of Free Range Chicken | No ☐ |
| • Roast New Zealand Lamb | No ☐ |
| • Roast Free Range Pork Loin | No ☐ |
| • Roast Angus Pure Beef | No ☐ |
| • Angels special Meatloaf | No ☐ |
| • Crumbed Hoki | No ☐ |
| • Honey baked Free Range Ham | No ☐ |
| • Kiwi style Sausage & mash | No ☐ |
| • Curried Sausage & mash | No ☐ |
| • Vegetable Frittata | No ☐ |
| • Macaroni & Cheese* | No ☐ |
| • Pickled Pork with Apple Sauce | No ☐ |
| • The best beef Meatballs in rich gravy | No ☐ |
| • Free Range Bacon & Egg Pie | No ☐ |
| • Beef (melt in the mouth) Casserole | No ☐ |
| • Chicken Casserole | No ☐ |
| • Corned Beef | No ☐ |
| • Savoury Beef Mince | No ☐ |
| • Free Range Chicken Rissoles | No ☐ |
| • Pork Schnitzel | No ☐ |

All roast meats can supplied minced for easier digestion, a small surcharge may apply

There are also occasional additions to the above depending on availability.
All meals come with potatoes and a selection of three seasonal vegetables

* (except Mac N Cheese) which does not have potatoes

Vegetables used (subject to availability):

- | | |
|---|--|
| No | No |
| ☐ Potatoes
(Roast, Mashed, Etc) | ☐ Kumera (roast or mashed) |
| ☐ Broccoli | ☐ Parsnips (roast or sliced) |
| ☐ Cauliflower | ☐ Carrots (Sliced, roast or mashed) |
| ☐ Peas | ☐ Courgettes (Zucchini) |
| ☐ Beans | ☐ Swede |
| ☐ Green Cabbage | ☐ Leeks |
| ☐ Red Cabbage | ☐ Silverbeet |
| ☐ Brussel Sprouts | ☐ Pumpkin (roast or mashed) |
| | ☐ Roast Tomatoes |